# Symptomatic endpoint responder rates to BAROSTIM Therapy

William T Abraham, MD, FACP, FACC, FAHA, FESC, FRCPE Professor of Medicine, Physiology, and Cell Biology

College of Medicine Distinguished Professor

Division of Cardiovascular Medicine

The Ohio State University

Columbus, OH

JoAnn Lindenfeld MD<sup>1</sup>, Fred A. Weaver MD<sup>2</sup>, Faiez Zannad MD<sup>3</sup>, Michael R. Zile MD<sup>4</sup>, Elizabeth Galle MPH<sup>5</sup>, Jill Schafer MS<sup>6</sup>, Marwan Bahu MS<sup>7</sup>

<sup>1</sup>Vanderbilt Heart and Vascular Institute, Nashville, TN; <sup>2</sup> Division of Vascular Surgery and Endovascular Therapy, Keck School of Medicine, University of Southern California, Los Angeles, CA; <sup>3</sup> Inserm Centre d'Investigation, CHU de Nancy, Institute Lorrain du Coeur et des Vaisseaux, Université de Lorraine, Nancy, France; <sup>4</sup> Medical University of South Carolina, Charleston, South Carolina and the Ralph H. Johnson; Department of Veterans Affairs Medical Center, Charleston, SC; <sup>5</sup> CVRx, Inc., Minneapolis, MN; <sup>6</sup> NAMSA, Inc., Minneapolis, MN; <sup>7</sup> Biltmore Cardiology, Electrophysiology, Phoenix, AZ

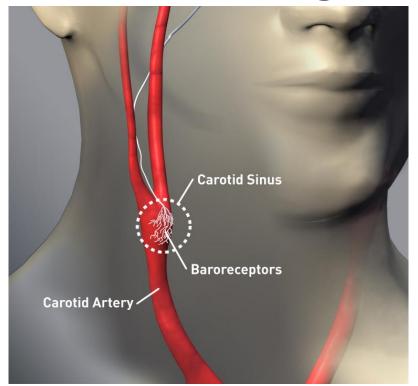
#### **Presenter Disclosure Information**

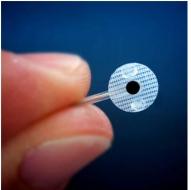
 The presenter has previously received consulting fees from CVRx, as a member of the HOPE4HF and BeAT-HF Executive Committees

## **Presentation Goals**

 Determine the proportion of clinically relevant responders and super responders to Baroreflex Activation Therapy (BAT) in HFrEF from the BeAT-HF randomized clinical trial

## **Device Design**





2 mm electrode 7mm silicone backer Unipolar design



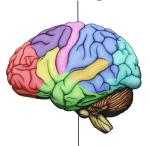
4-5 year longevity RF telemetry **Programming flexibility** 



8.7 mA amplitude 125 ms duration 40 pps frequency

## Mechanism of BAT in HFrEF

Carotid Baroreceptor Stimulation Afferent Signaling



Integrated Autonomic Nervous System Response

**Inhibits Sympathetic Activity Enhances Parasympathetic Activity** 



**↓** Remodeling



**Vasodilation Elevated BP** 



**Diuresis** 

#### Clinical Evidence Development in Heart Failure

Phase I: BAT in HF

1<sup>st</sup> Enrollment 12/2011

Phase II: HOPE4HF

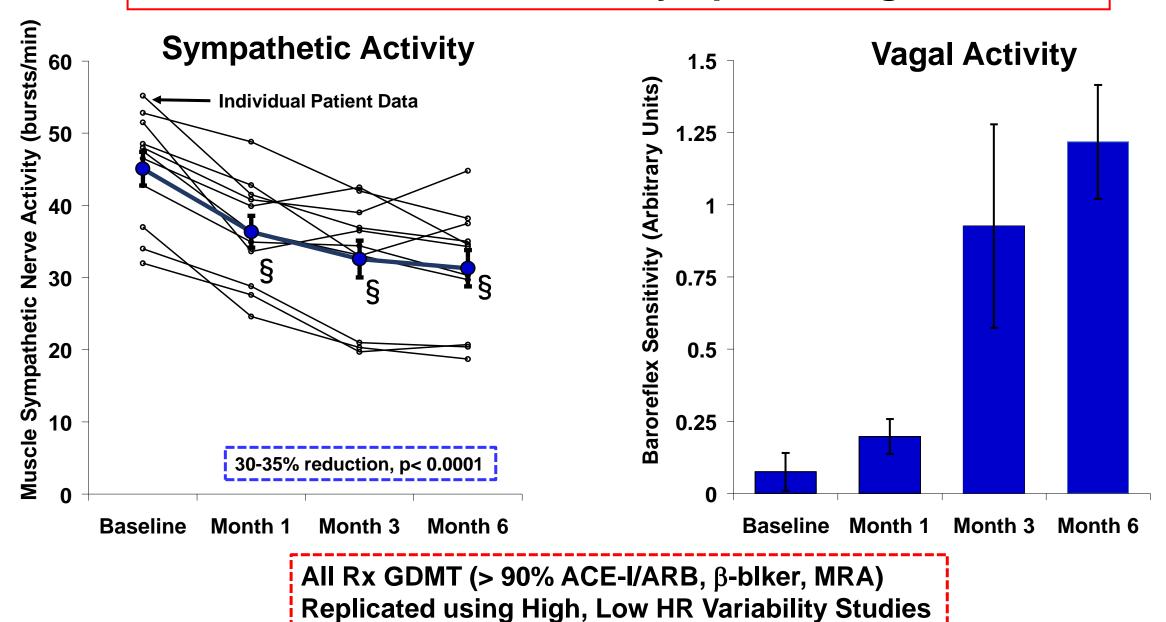
1<sup>st</sup> Enrollment 5/2012

**Pivotal: BeAT-HF** 

1<sup>st</sup> Enrollment 4/2016

Objective	<ul><li>Assess safety</li><li>Demonstrate</li><li>mechanism of action</li><li>with GDMT</li></ul>	<ul> <li>Assess safety and Effectiveness</li> </ul>	<ul> <li>Demonstrate safety and effectiveness, including morbidity &amp; mortality</li> <li>Assess health economics</li> </ul>
Study Subjects	• n = 11	• n = 146	• n = 408
Outcomes	BAROSTIM Therapy is safe	<ul> <li>BAROSTIM Therapy is safe and effective in heart failure</li> <li>CE Mark Approval</li> </ul>	<ul> <li>BAROSTIM Therapy is a safe, effective and an economically</li> </ul>
	<ul> <li>Mechanism of action demonstrated through muscle sympathetic nerve activity &amp; HR Variability</li> </ul>		attractive solution for heart failure patients  • FDA Approval

## Effect of BAT in HFrEF on Sympatho-Vagal Balance



Gronda et al Eur J HF 16: 977-983, 2014

A Phase III Randomized, Controlled Trial of Baroreflex Activation Therapy (BAT) in Patients with

Heart Failure and Reduced Ejection Fraction (HFrEF)

# **BeAT-HF**

(ClinicalTrial.gov Identifier: NCT02627196)

The BeAT-HF Executive Steering Committee

Michael R. **Zile**, MD, William T. **Abraham**, MD, JoAnn **Lindenfeld**, MD, Fred A. **Weaver**, MD, Faiez **Zannad**, MD

Sponsor CVRx, Inc.

### **BeAT-HF Pivotal Phase III Study**

#### **Purpose:**

 Demonstrate safety and effectiveness of BAT in HFrEF patients using the FDA Breakthrough Devices Program

#### **Design:**

- Multicenter, prospective, randomized controlled trial
- Randomized 1:1 to receive BAT plus optimal medical management ("BAT") or optimal medical management alone ("Control")

## **BeAT-HF Key Eligibility Criteria**

- NYHA Functional Class III
- Left ventricular ejection fraction ≤ 35%
- Six-minute hall walk distance (6MHW) 150 400 m
- Elevated NT-proBNP or previous Heart Failure Hospitalization
- Stable optimal medical therapy ≥ 4 weeks
- Subjects not indicated for CRT
- No restriction on AF, QRS width or concomitant devices

## **BeAT-HF Baseline Demographics**

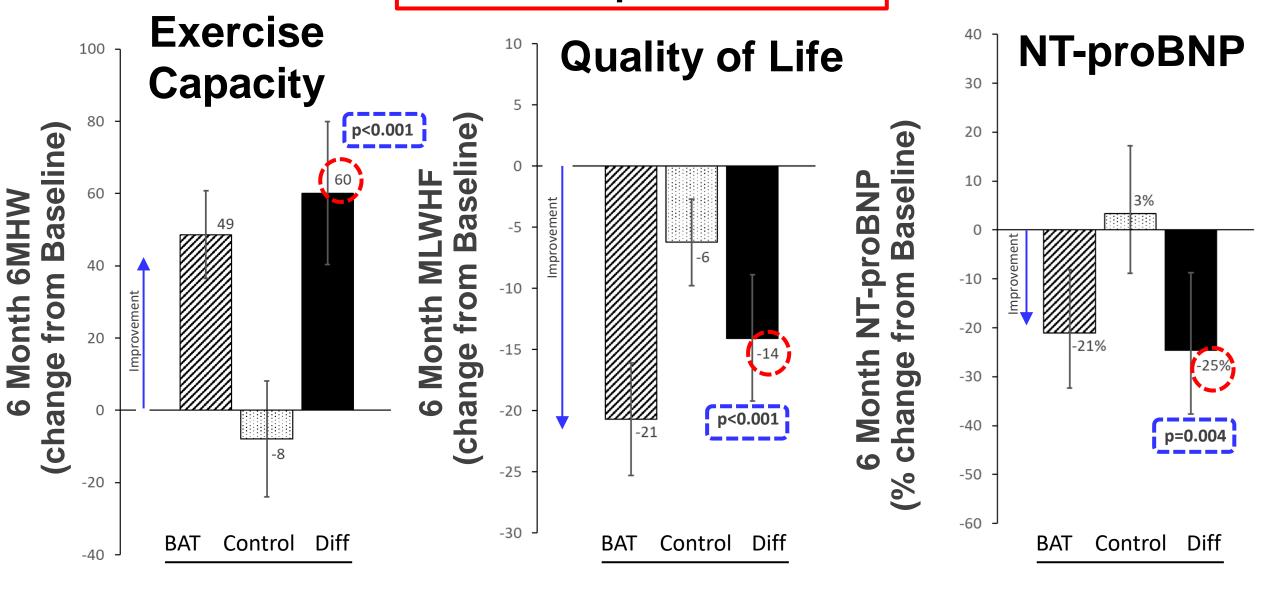
Variable	BAT (n=130)	Control (n=134)
Age (years)	62 ± 11	63 ± 10
Gender: Female	19%	22%
Race: Caucasian	75%	72%
NYHA: Class III	93%	95%
MLWHF QOL Score	$53\pm24$	52 ± 24
6 Minute Hall Walk Distance (m)*	$316\pm68$	$294 \pm 73$
HR (bpm)	75 ± 10	75 ± 11
SBP (mmHg)	$120\pm17$	121 ± 16
DBP (mmHg)	73 ± 10	73 ± 10
LVEF (%)	27 ± 7	28 ± 6
NT-pro BNP (pg/mL, Median [IQR])	731 [475, 1021]	765 [479, 1052]
eGFR (mL/min)	$64 \pm 17$	$62\pm20$
QRS Interval	$109\pm18$	$110\pm26$
History of Atrial Fibrillation	29%	43%
History of Coronary Artery Disease	62%	69%
Previous HF hospitalization	42%	51%

## **BeAT-HF Baseline Therapies**

Variable	BAT (n=130)	Control (n=134)
Number of Meds	$3.9 \pm 1.2$	4.1 ± 1.4
ACE-I/ARB/ARNI	89%	84%
Beta-Blocker	95%	95%
MRA	49%	42%
Diuretic	85%	87%
Ivabradine	2%	5%
ICD	78%	79%

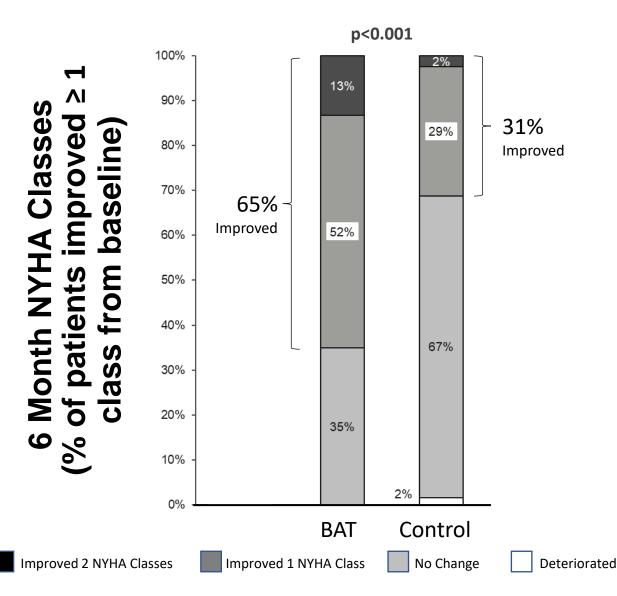
No significant difference between BAT and Control

### **BeAT-HF Top-Line Results**



#### **BeAT-HF Top-Line Results**

#### **Functional Status**



## **Responder Definitions at Six Months**

#### **Clinically Relevant Responder:**

- 6MHW > 10% meter improvement
- QoL > 5 points improvement
- NYHA ≥ 1 Class improvement

#### **Super Responder:**

- 6MHW > 20% meter improvement
- QoL > 10 points improvement
- NYHA improved to Class 1

# **Clinically Relevant Responders at Six Months**

Clinically Relevant Responder	BAT N=120	Control N=125
6MHW>10%	73 (62%)	37 (31%)
NYHA Improve≥1 Class	78 (65%)	39 (31%)
QOL>5 Points	82 (68%)	55 (44%)
No clinically relevant response	7 (6%)	35 (29%)
Clinically relevant response in $\geq 2$	85 (72%)	35 (29%)
Clinically relevant response in all 3	35 (30%)	10 (8%)

All p-value < 0.03

# **Super Responders at Six Months**

Super Responder	BAT N=120	Control N=125
6MHW>20%	40 (34%)	22 (18%)
NYHA Improve to Class I	19 (16%)	3 (2.4%)
QOL>10 Points	73 (61%)	45 (36%)
No super response	25 (21%)	62 (52%)
Super response in $\geq 2$	33 (28%)	12 (10%)
Super response in all 3	5 (4%)	0 (0.0%)

All p-value < 0.03

#### Results

- Both clinically relevant responders and super responders were significantly higher in BAT versus Control subjects for all symptomatic endpoints.
- In BAT subjects, 72% had clinically relevant improvements in ≥2 endpoints compared to 29% of Control subjects (p<0.001), and 28% of BAT subjects had super responder improvements in ≥2 endpoints versus 10% of Control subjects (p<0.001).</p>

#### **Conclusions**

Among subjects with symptomatic HFrEF, treatment with BAT resulted in clinically relevant responder and super responder rates. The BAT clinically relevant responder and super responder rates are similar to those seen with CRT, in CRT-indicated patients.

#### FDA Approval 8/16/2019 : Instruction For Use

The BAROSTIM NEO® System is indicated for the improvement of symptoms of heart failure – quality of life, six-minute hall walk and functional status, for patients who remain symptomatic despite treatment with guideline-directed medical therapy, are NYHA Class III or Class II (who had a recent history of Class III), have a left ventricular ejection fraction ≤ 35%, a NT-proBNP < 1600 pg/ml and excluding patients indicated for Cardiac Resynchronization Therapy (CRT) according to AHA/ACC/ESC guidelines.